



Hussein Azzam

Personal trainer

Al Markhanya , Alain

+971504176162

Hussein.azzam1991@gmail.com

About Me:

I'm a dedicated personal trainer passionate about improving my clients health , wellness, and quality of life . Creating exercise program using the latest technique for teens , adults and senior

Skills:

- Developing exercise programs
- Fitness assessment
- Nutrition advice
- Safety techniques
- Weight training

Work Experience:

Freelance:

Freelancer Personal trainer at Fitness Factory, Remal compound and Bulk gym
UAE | 2025

Bulk Supplements

Sales executive & Nutrition consulted ,
UAE | 2025

Fibers club

Trainers team leader | 2018 - 2022
Retention manager | 2022 - 2023
Ass. Fitness manager | 2023 - 2024

Samia Allouba centers

Personal trainer | 2009 - 2012
Senior trainer | 2013 - 2015
Retention Manager | 2016 - 2018

PE teacher

City International School of Egypt 2019 - 2022
Misr American School -Egypt 2017 2019

Education & Certification:

CPT - IFPA

Sports nutrition specialist | MET

Functional training workshop | TFC

Certified Body pump instructor | LESMILLS

Management workshop | LESMILLS