

Date Issued: 15/06/2023

Certificate number: 150280

Learner number: 518773

Active iQ



This is to certify that

Holly June Wards

has been awarded the

Active IQ Level 3 Diploma in Instructing Pilates Matwork

Qualification Accreditation Number: 501/1778/6

In successfully achieving this qualification the learner has been awarded the following unit(s) and credit(s)

Know how to support clients who take part in exercise and physical activity (M/600/9015) 2 Credits at Level 2

Health, safety and welfare in a fitness environment (T/600/9016) 2 Credits at Level 2

Instructing pilates matwork (K/602/5326) 10 Credits at Level 3

Principles of pilates matwork (D/602/5324) 4 Credits at Level 3

Programming pilates matwork (H/602/5325) 9 Credits at Level 3

Anatomy and physiology for exercise and health (A/600/9051) 6 Credits at Level 3

Principles of exercise, fitness and health (A/600/9017) 4 Credits at Level 2

8 Credits at Level 2

29 Credits at Level 3

Jenny Patrickson
Managing Director



Qualifications Wales regulates this qualification where it is awarded to learners assessed wholly or mainly in Wales

